



Keep your Voice and Movement **STRONG** after LSVT LOUD and LSVT BIG!

What is LSVT for LIFE? A new virtual exercise platform created for people who have completed the LSVT therapy programs with LSVT Certified Clinicians.



Exercises classes for those who have completed the four-week/16 session LSVT LOUD speech therapy treatment.

LOUD for LIFE classes incorporate LSVT LOUD exercises and focus on bringing your louder voice into real-world, engaging conversations.



Exercise classes for those who have completed the four-week/16 session LSVT BIG physical and occupational therapy treatment.

BIG for LIFE classes incorporate LSVT BIG exercises and focus on using bigger movements during real-world activities.

**Sign up today for your LSVT for LIFE monthly membership
and gain exclusive access to:**

- Fun, interactive virtual-live group exercise classes for all levels and ability
- On demand LOUD for LIFE and BIG for LIFE classes so you can practice anytime
- LSVT Homework Helper Videos
- Functional Tips Videos

To learn more, visit us at lsvtforlife.com.
Take advantage of our **14-day new member free trial!**



Learn more at lsvtforlife.com

